

## VISAA Track &amp; Field Championship - 5/19/2023 to 5/20/2023

## Sports Backers Stadium

## Results

## Event 1 Boys 4x100 Meter Relay Division I

| Team                       | Relay                      | Finals   |
|----------------------------|----------------------------|----------|
| <b>Finals</b>              |                            |          |
| 1 Woodberry Forest         | A                          | 41.68 10 |
| 1) Ellis, Landon 12        | 2) Ferguson, Jaden 11      |          |
| 3) Robinson, Sheldon 10    | 4) Handelsman, Robbie 12   |          |
| 2 Saint Christopher's      | A                          | 42.29 8  |
| 1) Garnett, Hunter 11      | 2) White, Maddox 9         |          |
| 3) Asare, Elisha 9         | 4) Zollar, Jacob 11        |          |
| 3 Flint Hill School        | A                          | 43.52 6  |
| 1) Parkes-Johnson, David 9 | 2) King, Andrew 11         |          |
| 3) Harris, Ty 9            | 4) Ihegihu, Caleb 11       |          |
| 4 Episcopal                | A                          | 43.53 5  |
| 1) Ofori-Ansah, Judah 10   | 2) Abraham, Jason 11       |          |
| 3) Smith, Thomas 10        | 4) Igyan, Kofi 12          |          |
| 5 St. Stephen'             | A                          | 44.07 4  |
| 1) Figaro, Tawon 9         | 2) Bezuneh, Matthew 12     |          |
| 3) Sandy, Myles 12         | 4) Williams, Alex 11       |          |
| 6 St. Anne's-B             | A                          | 44.26 3  |
| 1) Ellis, Cade 9           | 2) Taylor, Max 11          |          |
| 3) Miller, Omar 11         | 4) Enoch, Ty 11            |          |
| 7 Collegiate               | A                          | 44.27 2  |
| 1) Gould, Dunning 12       | 2) Anderson, Brandon 10    |          |
| 3) Watson, Brandon 12      | 4) Davis, Xay 10           |          |
| 8 Benedictine              | A                          | 44.63 1  |
| 1) Moore, Khalil 11        | 2) Barber, Freddy 11       |          |
| 3) Gosline, Addison 11     | 4) Ngendakuriyo, David 12  |          |
| 9 Catholic High School     | A                          | 45.53    |
| 1) Burnham, Seth 11        | 2) Hathaway, Nate 12       |          |
| 3) McCalla, Amare 11       | 4) Scott, Arick 9          |          |
| 10 The Potomac School      | A                          | 45.82    |
| 1) Calkins, Stephen 9      | 2) Sosnitsky, John Paul 10 |          |
| 3) Dais, Donovan 10        | 4) Lee, Ve 11              |          |
| 11 Cape Henry Collegiate   | A                          | 45.91    |
| 1) Klimkiewicz, Owen 10    | 2) Whitfield, Sebastian 10 |          |
| 3) Caplan, Hayden 9        | 4) Adamson, Ty 11          |          |
| 12 Fork Union              | A                          | 46.17    |
| 1) Ray, Bryant 9           | 2) Smith, Emmerson 10      |          |
| 3) Bland, Ayden 11         | 4) Rosado, Daveon 9        |          |
| 12 Saint John P            | A                          | 46.17    |
| 1) Falls, Kyle 12          | 2) Dhillon, Armaan 10      |          |
| 3) Xantus, Gabriel 10      | 4) Everson, Alexander 9    |          |
| 14 Norfolk Academy         | A                          | 49.15    |
| 1) Bennedetto, James 12    | 2) Griffith, Zahir 11      |          |
| 3) Epps, Jordan 12         | 4) Thomas, Gerald 12       |          |

## Event 2 Boys 4x400 Meter Relay Division I

| Team                    | Relay                  | Finals     |
|-------------------------|------------------------|------------|
| <b>Finals</b>           |                        |            |
| 1 Norfolk Academy       | A                      | 3:28.05 10 |
| 1) Defoor, Dylan 11     | 2) Guzik, Ryan 12      |            |
| 3) Griffith, Zahir 11   | 4) Ottinger, Davis 12  |            |
| 2 Fork Union            | A                      | 3:29.01 8  |
| 1) Campbell, Charles 12 | 2) Edwards, Jackson 12 |            |
| 3) Smith, Emmerson 10   | 4) Seymore, Jacob 12   |            |

|                           |                         |           |
|---------------------------|-------------------------|-----------|
| 3 Episcopal               | A                       | 3:32.97 6 |
| 1) Bastos, Nate 11        | 2) Bullock, Tramayne 10 |           |
| 3) Johnson, CJ 12         | 4) Patry, Anderson 12   |           |
| 4 Saint John P            | A                       | 3:33.49 5 |
| 1) Dhillon, Armaan 10     | 2) Xantus, Gabriel 10   |           |
| 3) Howard, Augustine 11   | 4) Bouril, Nicholas 10  |           |
| 5 Benedictine             | A                       | 3:34.13 4 |
| 1) Thomas, Roth 12        | 2) Barber, Freddy 11    |           |
| 3) Schoenborn, Antonio 11 | 4) Land, Nic 12         |           |
| 6 Collegiate              | A                       | 3:35.55 3 |
| 1) Smith, Jack 10         | 2) Foster, Bishop 10    |           |
| 3) Wittkamp, Ben 11       | 4) Watson, Brandon 12   |           |
| 7 Catholic High School    | A                       | 3:36.31 2 |
| 1) Scott, Arick 9         | 2) Acevedo, Raul 10     |           |
| 3) Ihde, Javier 12        | 4) Dillon, Riley 12     |           |
| 8 Woodberry Forest        | A                       | 3:36.44 1 |
| 1) Cole, Max 10           | 2) Ford, Alejandro 11   |           |
| 3) Kajubi, Danny 10       | 4) Sanker, Lukas 10     |           |
| 9 Saint Christopher's     | A                       | 3:37.45   |
| 1) Proctor, Stephen 12    | 2) Gupta, Avi 10        |           |
| 3) Blecher, Jack 10       | 4) Ireland, Briggs 11   |           |
| 10 St. Stephen'           | A                       | 3:46.98   |
| 1) Williams, Alex 11      | 2) Sandy, Myles 12      |           |
| 3) Bezuneh, Matthew 12    | 4) Adams, Jonah 11      |           |
| 11 St. Anne's-B           | A                       | 3:49.42   |
| 1) Noble, Carson 10       | 2) Nilson, Timmy 9      |           |
| 3) Han, Jason 12          | 4) Fowler, Nicholas 11  |           |
| 12 Cape Henry Collegiate  | A                       | 3:49.56   |
| 1) Klimkiewicz, Owen 10   | 2) McKnew, Michael 9    |           |
| 3) Caplan, Hayden 9       | 4) Amet, Connor 12      |           |

## Event 3 Boys 4x800 Meter Relay Division I

| Team                   | Relay                   | Finals     |
|------------------------|-------------------------|------------|
| <b>Finals</b>          |                         |            |
| 1 The Potomac School   | A                       | 8:12.59 10 |
| 1) Mathews, Alex 11    | 2) Levine, Eli 9        |            |
| 3) Zeldes, Max 11      | 4) Ortman, Charlie 12   |            |
| 2 Episcopal            | A                       | 8:14.75 8  |
| 1) Siguenza, Eliseo 11 | 2) Abdisalan, Abdi 11   |            |
| 3) Moore, Wyatt 11     | 4) Patry, Anderson 12   |            |
| 3 Saint John P         | A                       | 8:16.64 6  |
| 1) Thompson, Elijah 10 | 2) Xantus, Gabriel 10   |            |
| 3) Bertram, James 11   | 4) Howard, Augustine 11 |            |
| 4 Woodberry Forest     | A                       | 8:20.81 5  |
| 1) Warui, Abraham 10   | 2) Tallman, Parker 11   |            |
| 3) Jones, Wyatt 11     | 4) Kajubi, Danny 10     |            |
| 5 Norfolk Academy      | A                       | 8:36.38 4  |
| 1) Guzik, Ryan 12      | 2) Speers, Emmett 12    |            |
| 3) Hope, Charles 11    | 4) Ottinger, Davis 12   |            |
| 6 Saint Christopher's  | A                       | 8:36.52 3  |
| 1) Gupta, Avi 10       | 2) Kurzawa, Liam 10     |            |
| 3) Beck, George 12     | 4) Mayer, Patrick 11    |            |
| 7 Collegiate           | A                       | 8:39.67 2  |
| 1) Bowling, Luke 11    | 2) Aggarwal, Ashwin 11  |            |
| 3) Lewis, Bolling 11   | 4) Harbour, Liam 11     |            |

## VISAA Track &amp; Field Championship - 5/19/2023 to 5/20/2023

## Sports Backers Stadium

## Results

## Finals ... (Event 3 Boys 4x800 Meter Relay Division I)

| Team                       | Relay                  | Finals  |   |
|----------------------------|------------------------|---------|---|
| 8 Catholic High School     | A                      | 8:47.59 | 1 |
| 1) Seidensticker, Joshua 9 | 2) Averill, Sammay 11  |         |   |
| 3) Acevedo, Raul 10        | 4) Dillon, Riley 12    |         |   |
| 9 Fork Union               | A                      | 8:48.16 |   |
| 1) Callahan, Robert 9      | 2) Eaton, David 8      |         |   |
| 3) Pretus, Jackson 12      | 4) Seymore, Jacob 12   |         |   |
| 10 Trinity Epis            | A                      | 8:49.46 |   |
| 1) Gammino, Roman 10       | 2) Smith, Liam 12      |         |   |
| 3) Muniz, Jonah 10         | 4) Roussy, Mathias 10  |         |   |
| 11 St. Anne's-B            | A                      | 9:10.04 |   |
| 1) Nilson, Timmy 9         | 2) Fowler, Nicholas 11 |         |   |
| 3) Cheng, Alex 11          | 4) Han, Jason 12       |         |   |

## Event 4 Boys 100 Meter Dash Division I

| Name                  | Yr | School       | Prelims |
|-----------------------|----|--------------|---------|
| <b>Preliminaries</b>  |    |              |         |
| 1 Sims, Nathan        | 11 | Trinity Epis | 10.89Q  |
| 2 King, Andrew        | 11 | Flint Hill S | 11.02Q  |
| 3 White, Maddox       | 9  | Saint Christ | 11.19Q  |
| 4 Hoffer, William     | 11 | Trinity Epis | 11.05Q  |
| 5 Handelsman, Robbie  | 12 | Woodberry Fo | 11.06Q  |
| 6 Defoor, Dylan       | 11 | Norfolk Acad | 11.19Q  |
| 7 Adamson, Ty         | 11 | Cape Henry C | 11.13q  |
| 8 Ngendakuriyo, David | 12 | Benedictine  | 11.16q  |
| 9 Igyan, Kofi         | 12 | Episcopal    | 11.26   |
| 10 Enoch, Ty          | 11 | St. Anne's-B | 11.27   |
| 11 Booker Jr., Lamar  | 11 | Collegiate   | 11.32   |
| 12 Abraham, Jason     | 11 | Episcopal    | 11.36   |
| 13 Robinson, Sheldon  | 10 | Woodberry Fo | 11.37   |
| 14 Bezuneh, Matthew   | 12 | St. Stephen' | 11.43   |
| 15 Zollar, Jacob      | 11 | Saint Christ | 11.46   |
| 16 Chang, Martin      | 11 | Woodberry Fo | 11.57   |
| 17 Moore, Khalil      | 11 | Benedictine  | 11.71   |
| 18 Taylor, Max        | 11 | St. Anne's-B | 11.74   |
| 19 Gould, Dunning     | 12 | Collegiate   | 11.76   |
| 20 Harris, Ty         | 9  | Flint Hill S | 11.80   |
| 21 Woodson, Stephon   | 11 | Trinity Epis | 11.88   |
| 22 Bennedetto, James  | 12 | Norfolk Acad | 12.02   |
| 23 Figaro, Tawon      | 9  | St. Stephen' | 12.48   |

## Event 4 Boys 100 Meter Dash Division I

| Name                  | Yr | School       | Finals   |
|-----------------------|----|--------------|----------|
| <b>Finals</b>         |    |              |          |
| 1 King, Andrew        | 11 | Flint Hill S | 10.82 10 |
| 2 Hoffer, William     | 11 | Trinity Epis | 10.85 8  |
| 3 Handelsman, Robbie  | 12 | Woodberry Fo | 10.85 6  |
| 4 White, Maddox       | 9  | Saint Christ | 10.92 5  |
| 5 Sims, Nathan        | 11 | Trinity Epis | 10.93 4  |
| 6 Ngendakuriyo, David | 12 | Benedictine  | 11.02 3  |
| 7 Defoor, Dylan       | 11 | Norfolk Acad | 11.04 2  |
| 8 Adamson, Ty         | 11 | Cape Henry C | 11.18 1  |

## Event 5 Boys 110 Meter Hurdles Division I

| Name                 | Yr | School       | Prelims |
|----------------------|----|--------------|---------|
| <b>Preliminaries</b> |    |              |         |
| 1 Momolu, Harry      | 11 | Fork Union   | 15.29Q  |
| 2 Clark, Jarrett     | 11 | Woodberry Fo | 15.78Q  |
| 3 Ford, Alejandro    | 11 | Woodberry Fo | 15.82Q  |
| 4 Williams, Matthew  | 12 | Woodberry Fo | 16.84Q  |
| 5 Cruthirds, Bradley | 11 | St. Stephen' | 16.36Q  |
| 6 Couser, Chris      | 12 | Norfolk Acad | 17.52Q  |
| 7 Thomas, Gerald     | 12 | Norfolk Acad | 16.46q  |
| 8 Ireland, Briggs    | 11 | Saint Christ | 16.93q  |
| 9 Davis, Xay         | 10 | Collegiate   | 17.82   |
| 10 Tan, Tommy        | 11 | Norfolk Acad | 18.00   |
| 11 Sheth, Kalin      | 11 | Flint Hill S | 18.84   |
| 12 Wells, Jeffrey    | 10 | Flint Hill S | 19.11   |
| 13 Jacobs, Riley     | 10 | St. Stephen' | 19.21   |

## Event 5 Boys 110 Meter Hurdles Division I

| Name                 | Yr | School       | Finals   |
|----------------------|----|--------------|----------|
| <b>Finals</b>        |    |              |          |
| 1 Momolu, Harry      | 11 | Fork Union   | 15.53 10 |
| 2 Clark, Jarrett     | 11 | Woodberry Fo | 15.79 8  |
| 3 Ford, Alejandro    | 11 | Woodberry Fo | 15.84 6  |
| 4 Thomas, Gerald     | 12 | Norfolk Acad | 16.26 5  |
| 5 Ireland, Briggs    | 11 | Saint Christ | 16.32 4  |
| 6 Cruthirds, Bradley | 11 | St. Stephen' | 16.54 3  |
| 7 Couser, Chris      | 12 | Norfolk Acad | 17.24 2  |
| 8 Williams, Matthew  | 12 | Woodberry Fo | 17.30 1  |

## Event 6 Boys 200 Meter Dash Division I

| Name                 | Yr | School       | Finals   |
|----------------------|----|--------------|----------|
| <b>Finals</b>        |    |              |          |
| 1 Hoffer, William    | 11 | Trinity Epis | 21.76 10 |
| 2 Handelsman, Robbie | 12 | Woodberry Fo | 22.17 8  |
| 3 Defoor, Dylan      | 11 | Norfolk Acad | 22.37 6  |
| 4 White, Maddox      | 9  | Saint Christ | 22.56 5  |
| 5 Igyan, Kofi        | 12 | Episcopal    | 22.77 4  |
| 6 Sims, Nathan       | 11 | Trinity Epis | 22.89 3  |
| 7 Ellis, Landon      | 12 | Woodberry Fo | 23.11 2  |
| 8 Garnett, Hunter    | 11 | Saint Christ | 23.33 1  |
| 9 Ofori-Ansah, Judah | 10 | Episcopal    | 23.36    |
| 10 King, Andrew      | 11 | Flint Hill S | 23.39    |
| 11 Griswold, Cole    | 11 | The Potomac  | 23.51    |
| 12 Gould, Dunning    | 12 | Collegiate   | 23.80    |
| 13 Chang, Martin     | 11 | Woodberry Fo | 23.97    |

## Event 7 Boys 300 Meter Hurdles Division I

| Name                 | Yr | School       | Finals   |
|----------------------|----|--------------|----------|
| <b>Finals</b>        |    |              |          |
| 1 Momolu, Harry      | 11 | Fork Union   | 40.52 10 |
| 2 Clark, Jarrett     | 11 | Woodberry Fo | 40.61 8  |
| 3 Cruthirds, Bradley | 11 | St. Stephen' | 40.64 6  |
| 4 Ford, Alejandro    | 11 | Woodberry Fo | 40.80 5  |
| 5 Watson, Brandon    | 12 | Collegiate   | 43.50 4  |
| 6 Williams, Matthew  | 12 | Woodberry Fo | 44.08 3  |

## VISAA Track &amp; Field Championship - 5/19/2023 to 5/20/2023

## Sports Backers Stadium

## Results

## Finals ... (Event 7 Boys 300 Meter Hurdles Division I)

| Name                  | Yr | School       | Finals  |
|-----------------------|----|--------------|---------|
| 7 Lee, Emmet          | 11 | Flint Hill S | 44.38 2 |
| 8 Couser, Chris       | 12 | Norfolk Acad | 44.98 1 |
| 9 Figaro, Tawon       | 9  | St. Stephen' | 45.82   |
| 10 Lorcher-Bond, Brad | 12 | Catholic Hig | 46.22   |
| 11 Hanley, Nick       | 12 | Benedictine  | 46.87   |
| 12 Montes, Ronan      | 8  | Fork Union   | 47.18   |
| 13 Foster, Bishop     | 10 | Collegiate   | 47.25   |
| 14 Petras, Noah       | 11 | Saint John P | 47.47   |
| 15 Ward, Fred         | 12 | Norfolk Acad | 48.98   |
| 16 Tan, Tommy         | 11 | Norfolk Acad | 50.66   |
| --- Sheth, Kalin      | 11 | Flint Hill S | FS      |

## Event 8 Boys 400 Meter Dash Division I

| Name                   | Yr | School       | Finals   |
|------------------------|----|--------------|----------|
| <b>Finals</b>          |    |              |          |
| 1 Sims, Nathan         | 11 | Trinity Epis | 49.36 10 |
| 2 Campbell, Charles    | 12 | Fork Union   | 50.40 8  |
| 3 Griswold, Cole       | 11 | The Potomac  | 50.66 6  |
| 4 Land, Nic            | 12 | Benedictine  | 51.38 5  |
| 5 Bouril, Nicholas     | 10 | Saint John P | 51.67 4  |
| 6 Smith, Emmerson      | 10 | Fork Union   | 52.08 3  |
| 7 Sanker, Lukas        | 10 | Woodberry Fo | 52.24 2  |
| 8 Johnson, CJ          | 12 | Episcopal    | 52.63 1  |
| 9 Dillon, Riley        | 12 | Catholic Hig | 52.67    |
| 10 Thomas, Roth        | 12 | Benedictine  | 52.77    |
| 11 Dhillon, Armaan     | 10 | Saint John P | 52.87    |
| 12 Wittkamp, Ben       | 11 | Collegiate   | 52.98    |
| 13 Schoenborn, Antonio | 11 | Benedictine  | 53.03    |
| 14 Bastos, Nate        | 11 | Episcopal    | 53.36    |
| 15 Everson, Alexander  | 9  | Saint John P | 53.47    |
| 16 Smith, Jack         | 10 | Collegiate   | 53.56    |
| 17 Lee, Ve             | 11 | The Potomac  | 54.08    |
| 18 Adams, Jonah        | 11 | St. Stephen' | 54.09    |
| 19 Muniz, Jonah        | 10 | Trinity Epis | 54.86    |
| 20 Ihde, Javier        | 12 | Catholic Hig | 55.24    |
| 21 Amet, Connor        | 12 | Cape Henry C | 55.55    |
| 22 Murphy, Zach        | 12 | Saint Christ | 55.57    |
| 23 Speers, Emmett      | 12 | Norfolk Acad | 55.67    |
| 24 Applegate, Reed     | 12 | Episcopal    | 57.06    |
| 25 Booker Jr., Lamar   | 11 | Collegiate   | 1:13.94  |

## Event 9 Boys 800 Meter Run Division I

| Name                | Yr | School       | Finals     |
|---------------------|----|--------------|------------|
| <b>Finals</b>       |    |              |            |
| 1 Edwards, Jackson  | 12 | Fork Union   | 1:59.54 10 |
| 2 Patry, Anderson   | 12 | Episcopal    | 2:00.50 8  |
| 3 Beardsley, Biruk  | 12 | St. Anne's-B | 2:01.44 6  |
| 4 Proctor, Stephen  | 12 | Saint Christ | 2:01.88 5  |
| 5 Howard, Augustine | 11 | Saint John P | 2:02.26 4  |
| 6 Thompson, Elijah  | 10 | Saint John P | 2:04.13 3  |
| 7 Ottinger, Davis   | 12 | Norfolk Acad | 2:04.35 2  |
| 8 McKnew, Michael   | 9  | Cape Henry C | 2:07.17 1  |
| 9 Mayer, Patrick    | 11 | Saint Christ | 2:07.27    |
| 10 Siguenza, Eliseo | 11 | Episcopal    | 2:07.80    |

|                      |    |              |         |
|----------------------|----|--------------|---------|
| 11 London, James     | 10 | St. Stephen' | 2:08.42 |
| 12 Walker, Matthew   | 9  | St. Stephen' | 2:08.88 |
| 13 Guzik, Ryan       | 12 | Norfolk Acad | 2:09.10 |
| 14 Mathews, Alex     | 11 | The Potomac  | 2:09.60 |
| 15 Levine, Eli       | 9  | The Potomac  | 2:11.39 |
| 16 Acevedo, Raul     | 10 | Catholic Hig | 2:12.24 |
| 17 Altschuler, Noah  | 10 | The Potomac  | 2:13.23 |
| 18 Hutchens, Charlie | 10 | Flint Hill S | 2:18.46 |
| 19 Hope, Charles     | 11 | Norfolk Acad | 2:20.05 |

## Event 10 Boys 1600 Meter Run Division I

| Name                | Yr | School       | Finals     |
|---------------------|----|--------------|------------|
| <b>Finals</b>       |    |              |            |
| 1 Craig, Stan       | 12 | Collegiate   | 4:17.83 10 |
| 2 Sullivan, Liam    | 12 | Norfolk Acad | 4:19.48 8  |
| 3 Beardsley, Biruk  | 12 | St. Anne's-B | 4:24.18 6  |
| 4 McKnew, Michael   | 9  | Cape Henry C | 4:31.65 5  |
| 5 Minsky, Sasha     | 11 | The Potomac  | 4:35.10 4  |
| 6 Green, Asher      | 9  | Saint Christ | 4:38.00 3  |
| 7 Colvin, Austin    | 10 | Saint John P | 4:42.99 2  |
| 8 Dalva-Baird, Zach | 10 | The Potomac  | 4:45.66 1  |
| 9 Valerie, Holden   | 12 | Saint Christ | 4:49.37    |
| 10 Clark, Ford      | 12 | Saint Christ | 4:58.35    |
| 11 Warui, Abraham   | 10 | Woodberry Fo | 5:11.13    |
| 12 Moore, Wyatt     | 11 | Episcopal    | 5:20.25    |

## Event 11 Boys 3200 Meter Run Division I

| Name                    | Yr | School       | Finals     |
|-------------------------|----|--------------|------------|
| <b>Finals</b>           |    |              |            |
| 1 Craig, Stan           | 12 | Collegiate   | 9:29.79 10 |
| 2 Bertram, James        | 11 | Saint John P | 9:59.13 8  |
| 3 Sullivan, Liam        | 12 | Norfolk Acad | 10:08.03 6 |
| 4 Collins, Courtney     | 10 | St. Anne's-B | 10:14.72 5 |
| 5 Moore, Liam           | 10 | Collegiate   | 10:16.32 4 |
| 6 Moring, Macon         | 12 | Saint Christ | 10:16.86 3 |
| 7 Colvin, Austin        | 10 | Saint John P | 10:21.29 2 |
| 8 Seidensticker, Joshua | 9  | Catholic Hig | 10:32.33 1 |
| 9 Eaton, David          | 8  | Fork Union   | 10:35.69   |
| 10 Minsky, Sasha        | 11 | The Potomac  | 10:44.53   |
| 11 Miller, Stephen      | 11 | Saint John P | 10:46.61   |
| 12 Callahan, Robert     | 9  | Fork Union   | 10:50.97   |
| 13 Green, Asher         | 9  | Saint Christ | 10:56.38   |
| 14 Warui, Abraham       | 10 | Woodberry Fo | 11:00.35   |
| 15 Zeldes, Max          | 11 | The Potomac  | 11:11.87   |
| 16 Coleman, Nicholas    | 9  | Fork Union   | 11:20.26   |

## Event 12 Boys Discus Throw Division I

| Name               | Yr | School       | Finals    |
|--------------------|----|--------------|-----------|
| <b>Finals</b>      |    |              |           |
| 1 Mukam, Armel     | 12 | Woodberry Fo | 162-01 10 |
| 2 Lora, Rodney     | 12 | Woodberry Fo | 158-08 8  |
| 3 Toll, Hudson     | 11 | St. Anne's-B | 154-08 6  |
| 4 Stuart, Chance   | 10 | Norfolk Acad | 133-08 5  |
| 5 Logan, Nick      | 9  | Woodberry Fo | 132-03 4  |
| 6 Gardiner, Cooper | 11 | Trinity Epis | 132-00 3  |
| 7 Ansah, Jonie     | 11 | Fork Union   | 128-10 2  |

## VISAA Track &amp; Field Championship - 5/19/2023 to 5/20/2023

## Sports Backers Stadium

## Results

## Finals ... (Event 12 Boys Discus Throw Division I)

| Name                    | Yr | School       | Finals |   |
|-------------------------|----|--------------|--------|---|
| 8 Nnamani, Chinuorumogu | 10 | Saint John P | 126-00 | 1 |
| 9 Niang, Daouda         | 11 | Fork Union   | 122-09 |   |
| 10 Seward, E.J.         | 11 | Saint Christ | 119-05 |   |
| 11 Ramsey, Dash         | 11 | Flint Hill S | 117-02 |   |
| 12 McKinney, Matthew    | 12 | St. Anne's-B | 116-10 |   |
| 13 Vataliya, Om         | 11 | Flint Hill S | 116-00 |   |
| 14 Rosen, William       | 11 | Trinity Epis | 115-01 |   |
| 15 Hope, Charles        | 11 | Norfolk Acad | 114-02 |   |
| 16 Harper, Matt         | 11 | Flint Hill S | 111-03 |   |
| 17 LaForce, Graham      | 9  | The Potomac  | 106-10 |   |
| 18 Dunn, Robbie         | 12 | Trinity Epis | 106-02 |   |
| 19 Pendlebury, Luke     | 12 | Saint Christ | 103-10 |   |
| 20 Ciuffo, Costello     | 10 | Norfolk Acad | 102-08 |   |

## Event 13 Boys High Jump Division I

| Name                   | Yr | School       | Finals   |     |
|------------------------|----|--------------|----------|-----|
| <b>Finals</b>          |    |              |          |     |
| 1 Ferguson, Jaden      | 11 | Woodberry Fo | 6-04.00  | 10  |
| 2 Woltz, Edward        | 12 | Woodberry Fo | J6-04.00 | 8   |
| 3 Whitfield, Sebastian | 10 | Cape Henry C | 6-00.00  | 6   |
| 4 Land, Nic            | 12 | Benedictine  | J6-00.00 | 5   |
| 5 Dhillon, Armaan      | 10 | Saint John P | 5-08.00  | 1.4 |
| 5 Ireland, Briggs      | 11 | Saint Christ | 5-08.00  | 1.4 |
| 5 Martin, Jp           | 12 | St. Anne's-B | 5-08.00  | 1.4 |
| 5 Jordan, Eli          | 10 | Trinity Epis | 5-08.00  | 1.4 |
| 5 Mazeika, Marius      | 11 | Woodberry Fo | 5-08.00  | 1.4 |
| 5 Ihegihu, Caleb       | 11 | Flint Hill S | 5-08.00  | 1.4 |
| 5 Anderson, Brandon    | 10 | Collegiate   | 5-08.00  | 1.4 |
| 12 Grunwald, John      | 11 | Norfolk Acad | J5-08.00 |     |
| 13 Jacobs, Riley       | 10 | St. Stephen' | J5-08.00 |     |
| 13 Watson, Brandon     | 12 | Collegiate   | J5-08.00 |     |
| 13 Epps, Jordan        | 12 | Norfolk Acad | J5-08.00 |     |
| 13 Foster, Bishop      | 10 | Collegiate   | J5-08.00 |     |
| --- Ricks, TeShawn     | 10 | Cape Henry C | NH       |     |

## Event 14 Boys Long Jump Division I

| Name                 | Yr | School       | Finals   |    |
|----------------------|----|--------------|----------|----|
| <b>Finals</b>        |    |              |          |    |
| 1 Handelsman, Robbie | 12 | Woodberry Fo | 23-09.50 | 10 |
| 2 Booker Jr., Lamar  | 11 | Collegiate   | 22-09.75 | 8  |
| 3 Igyan, Kofi        | 12 | Episcopal    | 21-03.50 | 6  |
| 4 Davis, Xay         | 10 | Collegiate   | 20-05.50 | 5  |
| 5 Anderson, Brandon  | 10 | Collegiate   | 20-04.75 | 4  |
| 6 Epps, Jordan       | 12 | Norfolk Acad | 20-04.00 | 3  |
| 7 Ferguson, Trai     | 12 | Trinity Epis | 20-02.50 | 2  |
| 8 Woodson, Stephon   | 11 | Trinity Epis | 20-02.00 | 1  |
| 9 Bland, Ayden       | 11 | Fork Union   | 20-00.00 |    |
| 10 Griffith, Zahir   | 11 | Norfolk Acad | 19-09.75 |    |
| 11 Grunwald, John    | 11 | Norfolk Acad | 19-09.00 |    |
| 12 Hathaway, Nate    | 12 | Catholic Hig | 19-08.75 |    |
| 13 Gosline, Addison  | 11 | Benedictine  | 19-07.25 |    |
| 13 Ray, Bryant       | 9  | Fork Union   | 19-07.25 |    |
| 15 Ihegihu, Caleb    | 11 | Flint Hill S | 19-03.00 |    |
| 16 Andrews, Kenan    | 10 | Woodberry Fo | 19-02.50 |    |

|                     |    |              |          |
|---------------------|----|--------------|----------|
| 17 Burnham, Seth    | 11 | Catholic Hig | 18-04.75 |
| 18 Petras, Noah     | 11 | Saint John P | 18-01.00 |
| --- Ferguson, Jaden | 11 | Woodberry Fo | FOUL     |
| --- Nash, Kahlil    | 11 | Saint Christ | FOUL     |

## Event 15 Boys Pole Vault Division I

| Name                  | Yr | School       | Finals   |    |
|-----------------------|----|--------------|----------|----|
| <b>Finals</b>         |    |              |          |    |
| 1 Olesen, Victor      | 9  | Saint Christ | 15-06.00 | 10 |
| 2 Kodjo, Anthony      | 12 | Woodberry Fo | 15-00.00 | 8  |
| 3 Phillips, Sebastian | 12 | Woodberry Fo | 14-00.00 | 6  |
| 4 Mann, Jackson       | 12 | Benedictine  | 13-06.00 | 5  |
| 5 Bradshaw, Ned       | 11 | Collegiate   | 13-00.00 | 4  |
| 6 Hunt, Mac           | 9  | Woodberry Fo | 12-06.00 | 3  |
| 7 Rice, Ebo           | 11 | Saint Christ | 10-06.00 | 2  |
| 8 Guzik, Finn         | 8  | Norfolk Acad | 10-00.00 | 1  |
| 9 Noble, Carson       | 10 | St. Anne's-B | 9-00.00  |    |
| --- Muhammad, Dawud   | 11 | Fork Union   | NH       |    |
| --- Burtram, Ben      | 11 | Fork Union   | NH       |    |
| --- Hall, Stuart      | 11 | Collegiate   | NH       |    |

## Event 16 Boys Shot Put Division I

| Name               | Yr | School       | Finals   |    |
|--------------------|----|--------------|----------|----|
| <b>Finals</b>      |    |              |          |    |
| 1 Lora, Rodney     | 12 | Woodberry Fo | 66-01.00 | 10 |
| 2 Mukam, Armel     | 12 | Woodberry Fo | 52-04.25 | 8  |
| 3 Gardiner, Cooper | 11 | Trinity Epis | 47-04.50 | 6  |
| 4 Beaulieu, Emile  | 11 | Woodberry Fo | 45-01.00 | 5  |
| 5 Moore, Jacob     | 12 | Benedictine  | 45-00.00 | 4  |
| 6 Ansah, Jonie     | 11 | Fork Union   | 44-03.25 | 3  |
| 7 Dunn, Robbie     | 12 | Trinity Epis | 44-01.50 | 2  |
| 8 Taylor, Max      | 11 | St. Anne's-B | 43-10.00 | 1  |
| 9 Pendlebury, Luke | 12 | Saint Christ | 42-08.50 |    |
| 10 Toll, Hudson    | 11 | St. Anne's-B | 41-05.25 |    |
| 11 Shah, Ahmad     | 12 | Fork Union   | 40-08.50 |    |
| 12 Rosen, William  | 11 | Trinity Epis | 40-06.00 |    |
| --- Seward, E.J.   | 11 | Saint Christ | FOUL     |    |

## Event 17 Boys Triple Jump Division I

| Name               | Yr | School       | Finals   |    |
|--------------------|----|--------------|----------|----|
| <b>Finals</b>      |    |              |          |    |
| 1 Ferguson, Jaden  | 11 | Woodberry Fo | 43-10.00 | 10 |
| 2 Mazeika, Marius  | 11 | Woodberry Fo | 42-01.00 | 8  |
| 3 Andrews, Kenan   | 10 | Woodberry Fo | 41-10.50 | 6  |
| 4 Davis, Xay       | 10 | Collegiate   | 41-06.50 | 5  |
| 5 Rosado, Daveon   | 9  | Fork Union   | 40-08.00 | 4  |
| 6 Ray, Bryant      | 9  | Fork Union   | 40-07.00 | 3  |
| 7 Foster, Bishop   | 10 | Collegiate   | 40-05.00 | 2  |
| 8 Land, Nic        | 12 | Benedictine  | 40-01.75 | 1  |
| 9 Grunwald, John   | 11 | Norfolk Acad | 39-11.50 |    |
| 10 Hathaway, Nate  | 12 | Catholic Hig | 39-06.75 |    |
| 11 Griffith, Zahir | 11 | Norfolk Acad | 39-05.50 |    |
| 12 Falls, Kyle     | 12 | Saint John P | 39-03.50 |    |
| 13 Hanley, Nick    | 12 | Benedictine  | 39-03.25 |    |
| 14 Noble, Carson   | 10 | St. Anne's-B | 39-00.00 |    |
| 15 Turner, Mark    | 11 | St. Stephen' | 38-08.00 |    |

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## Results

## Finals ... (Event 17 Boys Triple Jump Division I)

| Name                     | Yr | School       | Finals   |
|--------------------------|----|--------------|----------|
| 16 Woodson, Stephon      | 11 | Trinity Epis | 38-00.00 |
| 17 Burnham, Seth         | 11 | Catholic Hig | 36-11.00 |
| 18 Ihegihu, Caleb        | 11 | Flint Hill S | 36-02.25 |
| --- Bland, Ayden         | 11 | Fork Union   | FOUL     |
| --- Whitfield, Sebastian | 10 | Cape Henry C | FOUL     |
| --- Callahan, Jordan     | 11 | Benedictine  | FOUL     |

## Event 18 Girls 4x100 Meter Relay Division I

| Team                          | Relay                   | Finals   |
|-------------------------------|-------------------------|----------|
| <b>Finals</b>                 |                         |          |
| 1 Episcopal                   | A                       | 51.10 10 |
| 1) Stiebel, Selah 11          | 2) Wise, Akata 12       |          |
| 3) Smith, Chloe 10            | 4) Appiah, Sophia 10    |          |
| 2 Collegiate                  | A                       | 52.08 8  |
| 1) Bailey, Azaria 11          | 2) Hailes, Harper 11    |          |
| 3) Clarkson, Whitney 11       | 4) Coffey, Kyla 11      |          |
| 3 Norfolk Academy             | A                       | 52.47 6  |
| 1) Yuan, Jennifer 12          | 2) Saffold, Josie 10    |          |
| 3) Beverly, Shelby 11         | 4) Kulow, Taylor 8      |          |
| 4 St. Gertrude                | A                       | 52.60 5  |
| 1) Hickman, Elise 12          | 2) Martinez, Kyria 9    |          |
| 3) Barrafato, Gabby 11        | 4) Shick, Neisha 12     |          |
| 5 The Potomac School          | A                       | 52.61 4  |
| 1) Rossotti, Elizabeth 12     | 2) Williams, Brooklyn 9 |          |
| 3) Rowe, Megan 9              | 4) Overdeck, Tenley 11  |          |
| 6 Madeira School              | A                       | 53.33 3  |
| 1) Thomas, Nia 10             | 2) Blake, Gabrielle 9   |          |
| 3) Adams, Mackynzi 11         | 4) George, Sydney 10    |          |
| 7 Flint Hill School           | A                       | 53.52 2  |
| 1) Stevens, Clara 11          | 2) Bullard, Sophie 9    |          |
| 3) Robertson, Boston 9        | 4) Quinn, Emily 9       |          |
| 8 Trinity Chri                | A                       | 53.78 1  |
| 1) Patterson, Jane 12         | 2) Rexroth, Haley 11    |          |
| 3) Borcharding, Meredith 9    | 4) Jordan, Gabrielle 9  |          |
| 9 Oakcrest School             | A                       | 53.95    |
| 1) Castillo, Carmen 10        | 2) Mohler, Sally 12     |          |
| 3) Monahan, Lucy 10           | 4) Egan, Catherine 11   |          |
| 10 St. Anne's-B               | A                       | 54.10    |
| 1) Ryan-Byrne, Rose 10        | 2) Cave, Bella Grace 12 |          |
| 3) Horridge, Greer 10         | 4) Menev, Carli 8       |          |
| 11 St. Stephen'               | A                       | 54.15    |
| 1) Lookadoo, Hayley 10        | 2) DeVaughn, Farah 9    |          |
| 3) Irish-Maldonado, Mariel 10 | 4) Allen, Mackenzie 9   |          |
| --- Saint Catherine's         | A                       | DQ       |
| 1) Walker, Adriana 11         | 2) Gatty, Aseye 10      |          |
| 3) Sutton, Kennedy 9          | 4) Meredith, Taylor 11  |          |

## Event 19 Girls 4x400 Meter Relay Division I

| Team                 | Relay                    | Finals     |
|----------------------|--------------------------|------------|
| <b>Finals</b>        |                          |            |
| 1 The Potomac School | A                        | 4:10.50 10 |
| 1) Exley, Reagan 11  | 2) Overdeck, Tenley 11   |            |
| 3) Tuttle, Kate 11   | 4) Fulgham, Mackenzie 11 |            |

|                               |                           |           |
|-------------------------------|---------------------------|-----------|
| 2 Norfolk Academy             | A                         | 4:14.45 8 |
| 1) Saffold, Josie 10          | 2) Galler, Madison 12     |           |
| 3) Clingenpeel, Nora 10       | 4) Lancey, Angelina 12    |           |
| 3 Saint Catherine's           | A                         | 4:17.93 6 |
| 1) Magness, McKay 12          | 2) Sutton, Kennedy 9      |           |
| 3) Harter, Emalene 11         | 4) Cary, Wallace 10       |           |
| 4 Saint John P                | A                         | 4:21.68 5 |
| 1) Petras, Melissa 10         | 2) Spiegel, Erynn 10      |           |
| 3) Jameson, Isobella 11       | 4) Obasi, Chinenye 10     |           |
| 5 Episcopal                   | A                         | 4:22.78 4 |
| 1) Smith, Lane 11             | 2) Garrard, Emily 11      |           |
| 3) Sims, Libby 12             | 4) Blessing, Jane 11      |           |
| 6 Oakcrest School             | A                         | 4:24.79 3 |
| 1) Kennedy, Katie 11          | 2) O'Beirne, Charlotte 11 |           |
| 3) Sweda, Lianor 11           | 4) Crnkovich, Teri 12     |           |
| 7 Catholic High School        | A                         | 4:26.90 2 |
| 1) Sutterfield, Lauren 12     | 2) Hubbard, Natalie 12    |           |
| 3) Hunter, Lexa 12            | 4) Ankley, Sara 9         |           |
| 8 Collegiate                  | A                         | 4:29.95 1 |
| 1) Onwuchekwa, Chinyere 8     | 2) Wells, Page 12         |           |
| 3) Fleming, Reese 9           | 4) Beggerow, Emily 9      |           |
| 9 St. Stephen'                | A                         | 4:30.11   |
| 1) Bruch, Whitney 9           | 2) Scott, Lauren 11       |           |
| 3) Irish-Maldonado, Mariel 10 | 4) Gallozzi, Marina 12    |           |
| 10 St. Anne's-B               | A                         | 4:40.86   |
| 1) Shields, Josie 12          | 2) Ryan-Byrne, Rose 10    |           |
| 3) Perriello, Cadigan 10      | 4) Paget-Brown, Chloe 10  |           |
| --- Trinity Chri              | A                         | DQ        |
| 1) Borcharding, Meredith 9    | 2) Hanna, Katherine 11    |           |
| 3) Dean, Julia 10             | 4) Miller, Evie 11        |           |

## Event 20 Girls 4x800 Meter Relay Division I

| Team                    | Relay                   | Finals     |
|-------------------------|-------------------------|------------|
| <b>Finals</b>           |                         |            |
| 1 Collegiate            | A                       | 9:53.34 10 |
| 1) Ferrell, Rosie 8     | 2) Wells, Page 12       |            |
| 3) Ferrell, Giles 11    | 4) Harris, Virginia 8   |            |
| 2 Saint John P          | A                       | 10:02.70 8 |
| 1) Petras, Melissa 10   | 2) Spiegel, Erynn 10    |            |
| 3) Duke, Sarah 12       | 4) Obasi, Chinenye 10   |            |
| 3 Saint Catherine's     | A                       | 10:04.50 6 |
| 1) Magness, McKay 12    | 2) Galbraith, Becca 12  |            |
| 3) Blackwood, Eleanor 8 | 4) Armstrong, Abby 12   |            |
| 4 St. Stephen'          | A                       | 10:11.32 5 |
| 1) Floyd, Hannah 10     | 2) Constandy, Karina 10 |            |
| 3) Rouse, Ali 9         | 4) Bruch, Whitney 9     |            |
| 5 Norfolk Academy       | A                       | 10:37.97 4 |
| 1) Earp, Anne 11        | 2) Kay, Madison 11      |            |
| 3) Stone, Catherine 10  | 4) Clingenpeel, Nora 10 |            |
| 6 Trinity Chri          | A                       | 10:50.72 3 |
| 1) Hanna, Katherine 11  | 2) Nagel, Lydia 12      |            |
| 3) Metzger, Danielle 12 | 4) O'Keefe, Emily 10    |            |
| 7 The Potomac School    | A                       | 10:57.23 2 |
| 1) Lu, Ella 10          | 2) Parry, Brooke 12     |            |
| 3) Holland, Emmy 11     | 4) Choi, Kate 10        |            |

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## Results

**Finals ... (Event 20 Girls 4x800 Meter Relay Division I)**

| Team                 | Relay                  | Finals     |
|----------------------|------------------------|------------|
| 8 Trinity Epis       | A                      | 11:05.12 1 |
| 1) Coleman, Sarah 12 | 2) Marcus, Grace 10    |            |
| 3) Sibley, Olivia 11 | 4) Fabian, Courtney 10 |            |
| 9 Oakcrest School    | A                      | 11:19.55   |
| 1) King, Erin 12     | 2) Diller, Bethany 10  |            |
| 3) Baird, Regina 12  | 4) Sweda, Lianor 11    |            |
| 10 St. Anne's-B      | A                      | 11:57.88   |
| 1) Carter, Eleanor 9 | 2) Lyman, Ivy 10       |            |
| 3) Yuan, Annie 10    | 4) Beardsley, Eden 10  |            |

**Event 21 Girls 100 Meter Dash Division I**

| Name                    | Yr | School       | Prelims |
|-------------------------|----|--------------|---------|
| <b>Preliminaries</b>    |    |              |         |
| 1 Davis, Maya           | 12 | The Potomac  | 12.72Q  |
| 2 Turton, Hampton       | 12 | Saint Cather | 12.96Q  |
| 3 Appiah, Sophia        | 10 | Episcopal    | 13.08Q  |
| 4 Versen, Lilly         | 11 | Trinity Epis | 12.90Q  |
| 5 Bailey, Azaria        | 11 | Collegiate   | 13.09Q  |
| 6 Lancey, Angelina      | 12 | Norfolk Acad | 13.28Q  |
| 7 Williams, Brooklyn    | 9  | The Potomac  | 13.19q  |
| 8 Versen, Lucy          | 9  | Trinity Epis | 13.19q  |
| 9 Hughes, Madison       | 9  | St. Stephen' | 13.35   |
| 10 George, Sydney       | 10 | Madeira Scho | 13.48   |
| 11 Stiebel, Selah       | 11 | Episcopal    | 13.49   |
| 12 Sutterfield, Lauren  | 12 | Catholic Hig | 13.52   |
| 13 Meredith, Taylor     | 11 | Saint Cather | 13.54   |
| 14 Egan, Catherine      | 11 | Oakcrest Sch | 13.55   |
| 15 Coffey, Kyla         | 11 | Collegiate   | 13.57   |
| 16 Meney, Carli         | 8  | St. Anne's-B | 13.61   |
| 17 Walker, Adriana      | 11 | Saint Cather | 13.63   |
| 18 Kennedy, Katie       | 11 | Oakcrest Sch | 13.65   |
| 19 Adams, Mackynzi      | 11 | Madeira Scho | 13.73   |
| 20 Lookadoo, Hayley     | 10 | St. Stephen' | 13.83   |
| 21 Thomas, Nia          | 10 | Madeira Scho | 14.08   |
| 22 Onwuchekwa, Chinyere | 8  | Collegiate   | 14.22   |
| 23 Monahan, Lucy        | 10 | Oakcrest Sch | 14.28   |

**Event 21 Girls 100 Meter Dash Division I**

| Name                 | Yr | School       | Finals   |
|----------------------|----|--------------|----------|
| <b>Finals</b>        |    |              |          |
| 1 Davis, Maya        | 12 | The Potomac  | 12.46 10 |
| 2 Turton, Hampton    | 12 | Saint Cather | 12.62 8  |
| 3 Versen, Lilly      | 11 | Trinity Epis | 12.63 6  |
| 4 Appiah, Sophia     | 10 | Episcopal    | 12.66 5  |
| 5 Lancey, Angelina   | 12 | Norfolk Acad | 13.00 4  |
| 6 Bailey, Azaria     | 11 | Collegiate   | 13.09 3  |
| 7 Versen, Lucy       | 9  | Trinity Epis | 13.17 2  |
| 8 Williams, Brooklyn | 9  | The Potomac  | 13.22 1  |

**Event 22 Girls 100 Meter Hurdles Division I**

| Name                 | Yr | School       | Prelims |
|----------------------|----|--------------|---------|
| <b>Preliminaries</b> |    |              |         |
| 1 Shannon, Piper     | 10 | Saint Cather | 16.62Q  |
| 2 Bayler, Elizabeth  | 12 | Saint Cather | 16.87Q  |

|                      |    |              |        |
|----------------------|----|--------------|--------|
| 3 Purcell, Addison   | 9  | Collegiate   | 17.37Q |
| 4 Kulow, Taylor      | 8  | Norfolk Acad | 17.90Q |
| 5 Miller, Evie       | 11 | Trinity Chri | 17.63Q |
| 6 Nester, Helena     | 11 | Flint Hill S | 18.39Q |
| 7 Galler, Madison    | 12 | Norfolk Acad | 17.65q |
| 8 Hughes, Madison    | 9  | St. Stephen' | 19.03q |
| 9 Vest, Sydney       | 12 | Norfolk Acad | 19.13  |
| 10 Gallozzi, Marina  | 12 | St. Stephen' | 19.44  |
| 11 Clarkson, Whitney | 11 | Collegiate   | 19.65  |
| 12 Vilela, Natalia   | 11 | The Potomac  | 19.67  |
| 13 Jamison, Martha   | 12 | Collegiate   | 19.67  |
| 14 Delmore, Bre      | 11 | St. Anne's-B | 19.75  |
| 15 Owens, Sophie     | 12 | St. Anne's-B | 19.97  |

**Event 22 Girls 100 Meter Hurdles Division I**

| Name                | Yr | School       | Finals   |
|---------------------|----|--------------|----------|
| <b>Finals</b>       |    |              |          |
| 1 Shannon, Piper    | 10 | Saint Cather | 16.47 10 |
| 2 Bayler, Elizabeth | 12 | Saint Cather | 16.77 8  |
| 3 Kulow, Taylor     | 8  | Norfolk Acad | 16.83 6  |
| 4 Galler, Madison   | 12 | Norfolk Acad | 17.35 5  |
| 5 Miller, Evie      | 11 | Trinity Chri | 17.48 4  |
| 6 Purcell, Addison  | 9  | Collegiate   | 17.89 3  |
| 7 Hughes, Madison   | 9  | St. Stephen' | 18.08 2  |
| 8 Nester, Helena    | 11 | Flint Hill S | 18.32 1  |

**Event 23 Girls 200 Meter Dash Division I**

| Name                 | Yr | School       | Finals   |
|----------------------|----|--------------|----------|
| <b>Finals</b>        |    |              |          |
| 1 Turton, Hampton    | 12 | Saint Cather | 25.55 10 |
| 2 Fulgham, Mackenzie | 11 | The Potomac  | 25.71 8  |
| 3 Davis, Maya        | 12 | The Potomac  | 25.88 6  |
| 4 Garrard, Emily     | 11 | Episcopal    | 26.15 5  |
| 5 Appiah, Sophia     | 10 | Episcopal    | 26.44 4  |
| 6 Hunter, Lexa       | 12 | Catholic Hig | 26.50 3  |
| 7 Saffold, Josie     | 10 | Norfolk Acad | 26.56 2  |
| 8 Lancey, Angelina   | 12 | Norfolk Acad | 26.93 1  |
| 9 Williams, Brooklyn | 9  | The Potomac  | 27.26    |
| 10 Beggerow, Emily   | 9  | Collegiate   | 27.63    |
| 11 Bailey, Azaria    | 11 | Collegiate   | 27.69    |
| 12 George, Sydney    | 10 | Madeira Scho | 27.74    |
| 13 Walker, Adriana   | 11 | Saint Cather | 27.75    |
| 14 Versen, Lucy      | 9  | Trinity Epis | 27.80    |
| 15 Meney, Carli      | 8  | St. Anne's-B | 28.20    |
| 16 Egan, Catherine   | 11 | Oakcrest Sch | 28.30    |
| 17 Shick, Cassie     | 9  | St. Gertrude | 28.73    |
| 18 Smith, Kayla      | 10 | Madeira Scho | 28.86    |
| 19 Armstrong, Leslie | 10 | Saint Cather | 28.89    |
| 20 Cave, Bella Grace | 12 | St. Anne's-B | 29.40    |
| 21 Adams, Mackynzi   | 11 | Madeira Scho | 29.47    |

**Event 24 Girls 300 Meter Hurdles Division I**

| Name             | Yr | School       | Finals   |
|------------------|----|--------------|----------|
| <b>Finals</b>    |    |              |          |
| 1 Shannon, Piper | 10 | Saint Cather | 48.35 10 |
| 2 Miller, Evie   | 11 | Trinity Chri | 49.58 8  |

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## Results

**Finals ... (Event 24 Girls 300 Meter Hurdles Division I)**

| Name                   | Yr | School       | Finals  |
|------------------------|----|--------------|---------|
| 3 Gatty, Aseye         | 10 | Saint Cather | 49.58 6 |
| 4 Galler, Madison      | 12 | Norfolk Acad | 49.63 5 |
| 5 Hughes, Madison      | 9  | St. Stephen' | 49.84 4 |
| 6 Nester, Helena       | 11 | Flint Hill S | 51.63 3 |
| 7 Purcell, Addison     | 9  | Collegiate   | 51.65 2 |
| 8 Bayler, Elizabeth    | 12 | Saint Cather | 52.48 1 |
| 9 Kulow, Taylor        | 8  | Norfolk Acad | 52.90   |
| 10 O'Beirne, Charlotte | 11 | Oakcrest Sch | 53.75   |
| 11 Vilela, Natalia     | 11 | The Potomac  | 54.13   |
| 12 Coley, Kaia         | 12 | St. Gertrude | 54.36   |
| 13 Gallozzi, Marina    | 12 | St. Stephen' | 54.40   |
| 14 Quinn, Emily        | 9  | Flint Hill S | 54.62   |
| 15 Clarkson, Whitney   | 11 | Collegiate   | 54.85   |
| 16 Vest, Sydney        | 12 | Norfolk Acad | 57.16   |

**Event 25 Girls 400 Meter Dash Division I**

| Name                       | Yr | School       | Finals    |
|----------------------------|----|--------------|-----------|
| 1 Fulgham, Mackenzie       | 11 | The Potomac  | 56.87 10  |
| 2 Turton, Hampton          | 12 | Saint Cather | 58.45 8   |
| 3 Obasi, Chinenye          | 10 | Saint John P | 58.78 6   |
| 4 Garrard, Emily           | 11 | Episcopal    | 58.98 5   |
| 5 Burke, Zoe               | 12 | Oakcrest Sch | 59.26 4   |
| 6 Hunter, Lexa             | 12 | Catholic Hig | 1:01.17 3 |
| 7 Beggerow, Emily          | 9  | Collegiate   | 1:01.53 2 |
| 8 Overdeck, Tenley         | 11 | The Potomac  | 1:02.01 1 |
| 9 Scott, Lauren            | 11 | St. Stephen' | 1:02.34   |
| 10 Kennedy, Katie          | 11 | Oakcrest Sch | 1:02.77   |
| 11 Smith, Kayla            | 10 | Madeira Scho | 1:02.98   |
| 12 Cary, Wallace           | 10 | Saint Cather | 1:03.94   |
| 13 Paget-Brown, Chloe      | 10 | St. Anne's-B | 1:04.07   |
| 14 Borcharding, Meredith   | 9  | Trinity Chri | 1:04.31   |
| 15 Rossotti, Elizabeth     | 12 | The Potomac  | 1:04.47   |
| 16 Sutterfield, Lauren     | 12 | Catholic Hig | 1:05.08   |
| 17 Irish-Maldonado, Mariel | 10 | St. Stephen' | 1:06.01   |
| 18 Crnkovich, Teri         | 12 | Oakcrest Sch | 1:06.04   |
| 19 Hanna, Katherine        | 11 | Trinity Chri | 1:06.22   |
| 20 Price, Kathryn          | 11 | Saint Cather | 1:06.41   |
| 21 Crumlish, Eila          | 10 | Trinity Epis | 1:07.56   |
| 22 Fleming, Reese          | 9  | Collegiate   | 1:08.76   |

**Event 26 Girls 800 Meter Run Division I**

| Name                | Yr | School       | Finals     |
|---------------------|----|--------------|------------|
| 1 Exley, Reagan     | 11 | The Potomac  | 2:19.18 10 |
| 2 Tuttle, Kate      | 11 | The Potomac  | 2:20.46 8  |
| 3 Bruch, Whitney    | 9  | St. Stephen' | 2:23.49 6  |
| 4 Burke, Zoe        | 12 | Oakcrest Sch | 2:23.75 5  |
| 5 Harris, Virginia  | 8  | Collegiate   | 2:25.09 4  |
| 6 Clingenpeel, Nora | 10 | Norfolk Acad | 2:26.63 3  |
| 7 Armstrong, Abby   | 12 | Saint Cather | 2:27.83 2  |
| 8 Nagel, Lydia      | 12 | Trinity Chri | 2:30.67 1  |
| 9 Smith, Lane       | 11 | Episcopal    | 2:30.87    |
| 10 Sims, Libby      | 12 | Episcopal    | 2:32.34    |

|                       |    |              |         |
|-----------------------|----|--------------|---------|
| 11 Blessing, Jane     | 11 | Episcopal    | 2:35.11 |
| 12 Petras, Melissa    | 10 | Saint John P | 2:36.31 |
| 13 Suro, Bowen        | 12 | Collegiate   | 2:36.71 |
| 14 Perriello, Cadigan | 10 | St. Anne's-B | 2:37.93 |
| 15 Dean, Julia        | 10 | Trinity Chri | 2:40.00 |
| 16 Wells, Page        | 12 | Collegiate   | 2:41.69 |
| 17 Lu, Ella           | 10 | The Potomac  | 2:41.70 |
| 18 Anderson, Zanna    | 12 | Saint Cather | 2:42.34 |
| 19 Earp, Jane         | 8  | Norfolk Acad | 2:46.41 |
| 20 Green, Eva         | 12 | Saint Cather | 2:50.26 |

**Event 27 Girls 1600 Meter Run Division I**

| Name                | Yr | School       | Finals     |
|---------------------|----|--------------|------------|
| 1 Exley, Reagan     | 11 | The Potomac  | 5:09.12 10 |
| 2 Tuttle, Kate      | 11 | The Potomac  | 5:12.53 8  |
| 3 Harris, Genevieve | 12 | The Potomac  | 5:14.65 6  |
| 4 Earp, Jane        | 8  | Norfolk Acad | 5:25.61 5  |
| 5 Wulff, Caroline   | 11 | Saint Cather | 5:26.49 4  |
| 6 Dean, Julia       | 10 | Trinity Chri | 5:30.30 3  |
| 7 Myers, Caroline   | 10 | Trinity Chri | 5:36.02 2  |
| 8 Myers, MK         | 12 | Collegiate   | 5:47.73 1  |
| 9 Sloan, Sophie     | 10 | Collegiate   | 5:48.77    |
| 10 Anderson, Zanna  | 12 | Saint Cather | 6:04.76    |
| 11 Clark, Turner    | 10 | Saint Cather | 6:26.00    |

**Event 28 Girls 3200 Meter Run Division I**

| Name                    | Yr | School       | Finals      |
|-------------------------|----|--------------|-------------|
| 1 Wulff, Caroline       | 11 | Saint Cather | 11:43.72 10 |
| 2 Ferrell, Rosie        | 8  | Collegiate   | 11:50.70 8  |
| 3 Kouyoumdjian, Arielle | 10 | The Potomac  | 11:59.33 6  |
| 4 Earp, Jane            | 8  | Norfolk Acad | 12:01.66 5  |
| 5 Dake, Sarah           | 12 | Saint John P | 12:06.31 4  |
| 6 Myers, Caroline       | 10 | Trinity Chri | 12:06.85 3  |
| 7 Harris, Genevieve     | 12 | The Potomac  | 12:14.44 2  |
| 8 Floyd, Hannah         | 10 | St. Stephen' | 12:22.87 1  |
| 9 Lewis, Anne           | 8  | Collegiate   | 12:42.20    |
| 10 Coleman, Sarah       | 12 | Trinity Epis | 12:47.07    |
| 11 Earp, Anne           | 11 | Norfolk Acad | 12:48.67    |
| 12 Ferrell, Giles       | 11 | Collegiate   | 12:51.05    |
| 13 Holland, Emmy        | 11 | The Potomac  | 12:57.19    |
| 14 O'Keefe, Emily       | 10 | Trinity Chri | 13:09.05    |
| 15 King, Erin           | 12 | Oakcrest Sch | 13:33.18    |
| 16 Parker, Maude        | 10 | Oakcrest Sch | 13:51.94    |
| 17 Littlejohn, Kate     | 12 | Norfolk Acad | 14:03.35    |
| 18 Metzger, Danielle    | 12 | Trinity Chri | 14:08.70    |
| 19 Albanese, Gianna     | 9  | Saint John P | 14:14.14    |
| --- Pemberton, Brynne   | 10 | St. Anne's-B | DNF         |

**Event 29 Girls Discus Throw Division I**

| Name                | Yr | School       | Finals    |
|---------------------|----|--------------|-----------|
| 1 Deglau, Gabi      | 12 | Collegiate   | 134-07 10 |
| 2 Vest, Sydney      | 12 | Norfolk Acad | 107-07 8  |
| 3 Jameson, Isobella | 11 | Saint John P | 101-09 6  |

## VISAA Track &amp; Field Championship - 5/19/2023 to 5/20/2023

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## Results

**Finals ... (Event 29 Girls Discus Throw Division I)**

| Name                      | Yr | School       | Finals   |
|---------------------------|----|--------------|----------|
| 4 Galler, Madison         | 12 | Norfolk Acad | 94-04 5  |
| 5 Maurer, Emily           | 9  | St. Anne's-B | 93-00 4  |
| 6 Tierney, Emerson        | 10 | Saint Cather | 92-01 3  |
| 7 Delmore, Bre            | 11 | St. Anne's-B | 90-08 2  |
| 8 Burnell-Grant, Kaiya    | 11 | Norfolk Acad | J90-08 1 |
| 9 Stevens, Clara          | 11 | Flint Hill S | 86-04    |
| 10 Kaleda, Jay            | 10 | The Potomac  | 85-00    |
| 11 Savidge, Moira         | 12 | Saint John P | 84-10    |
| 12 Dhillon, Anjun         | 11 | Collegiate   | 83-09    |
| 13 Hubbard, Natalie       | 12 | Catholic Hig | 82-11    |
| 14 Bailey, Mary Mae       | 11 | Trinity Chri | 82-10    |
| 15 Goins, Quaedyn         | 10 | Saint Cather | 81-02    |
| 16 Milton, Marissa        | 11 | Collegiate   | 80-01    |
| 17 Sumpter, Emmy          | 10 | Saint Cather | 78-10    |
| 18 Patterson, Jane        | 12 | Trinity Chri | 72-10    |
| 19 Peterson, Taylor Grace | 12 | St. Stephen' | 70-02    |
| 20 Yaroshak, Irene        | 11 | Trinity Chri | 69-02    |
| 21 Newcomb, Paige         | 12 | St. Gertrude | 69-01    |
| 22 Paget-Brown, Chloe     | 10 | St. Anne's-B | 67-09    |
| 23 Hilliard, Lauren       | 10 | The Potomac  | 65-06    |
| --- Hunter, Lexa          | 12 | Catholic Hig | FOUL     |

**Event 30 Girls High Jump Division I**

| Name                  | Yr | School       | Finals      |
|-----------------------|----|--------------|-------------|
| 1 Kulow, Taylor       | 8  | Norfolk Acad | 5-00.00 10  |
| 2 Hunter, Lexa        | 12 | Catholic Hig | 4-08.00 6.3 |
| 2 Cave, Bella Grace   | 12 | St. Anne's-B | 4-08.00 6.3 |
| 2 Coffey, Kyla        | 11 | Collegiate   | 4-08.00 6.3 |
| 5 Vest, Sydney        | 12 | Norfolk Acad | J4-08.00 4  |
| 6 Shields, Josie      | 12 | St. Anne's-B | J4-08.00 3  |
| 7 Osinovsky, Sasha    | 12 | Flint Hill S | 4-06.00 2   |
| 8 Rexroth, Haley      | 11 | Trinity Chri | J4-06.00 1  |
| 9 Lookadoo, Hayley    | 10 | St. Stephen' | J4-06.00    |
| 9 O'Beirne, Charlotte | 11 | Oakcrest Sch | J4-06.00    |
| --- Hall, AC          | 11 | Collegiate   | NH          |
| --- Hailes, Harper    | 11 | Collegiate   | NH          |

**Event 31 Girls Long Jump Division I**

| Name               | Yr | School       | Finals      |
|--------------------|----|--------------|-------------|
| 1 Davis, Maya      | 12 | The Potomac  | 17-02.00 10 |
| 2 Coffey, Kyla     | 11 | Collegiate   | 16-10.50 8  |
| 3 Kennedy, Katie   | 11 | Oakcrest Sch | 16-03.00 6  |
| 4 Versen, Lilly    | 11 | Trinity Epis | 16-02.25 5  |
| 5 Obasi, Chinenye  | 10 | Saint John P | 16-01.75 4  |
| 6 Hunter, Lexa     | 12 | Catholic Hig | 15-06.50 3  |
| 7 Lancey, Angelina | 12 | Norfolk Acad | 15-06.00 2  |
| 8 Hubbard, Natalie | 12 | Catholic Hig | 15-05.75 1  |
| 9 Smith, Chloe     | 10 | Episcopal    | 15-04.75    |
| 10 Kulow, Taylor   | 8  | Norfolk Acad | 15-04.25    |
| 11 Bailey, Azaria  | 11 | Collegiate   | 15-03.50    |
| 12 Gatty, Aseye    | 10 | Saint Cather | 14-07.00    |
| 13 Yuan, Jennifer  | 12 | Norfolk Acad | 14-05.00    |

|                      |    |              |          |
|----------------------|----|--------------|----------|
| 14 McKay, Abigail    | 8  | Saint Cather | 14-03.00 |
| 15 Cave, Bella Grace | 12 | St. Anne's-B | 14-02.50 |
| 16 Horton, Michelle  | 9  | The Potomac  | 13-10.50 |

**Event 32 Girls Pole Vault Division I**

| Name                    | Yr | School       | Finals     |
|-------------------------|----|--------------|------------|
| 1 Hubbard, Natalie      | 12 | Catholic Hig | 9-06.00 10 |
| 2 Mayr, Abby            | 11 | Collegiate   | J9-06.00 8 |
| 3 Bailey, Azaria        | 11 | Collegiate   | 9-00.00 6  |
| 4 Mohler, Sally         | 12 | Oakcrest Sch | J9-00.00 5 |
| 5 Smullen, Madelyn      | 9  | Saint Cather | 8-06.00 4  |
| 6 Galbraith, Becca      | 12 | Saint Cather | J8-06.00 3 |
| 7 Clelland, Lorelei     | 10 | Saint Cather | 8-00.00 2  |
| 8 Vest, Sydney          | 12 | Norfolk Acad | 7-06.00 1  |
| 9 Jamison, Martha       | 12 | Collegiate   | J7-06.00   |
| 10 Staub, Anne Randolph | 10 | Norfolk Acad | J7-06.00   |
| 10 Yuan, Jennifer       | 12 | Norfolk Acad | J7-06.00   |
| 12 Versen, Lucy         | 9  | Trinity Epis | 7-00.00    |
| 12 Rolwes, Patricia     | 12 | Oakcrest Sch | 7-00.00    |
| 14 Noble, Abby          | 11 | St. Anne's-B | 6-06.00    |

**Event 33 Girls Shot Put Division I**

| Name                      | Yr | School       | Finals      |
|---------------------------|----|--------------|-------------|
| 1 Deglau, Gabi            | 12 | Collegiate   | 38-00.50 10 |
| 2 Harvey, Chanel          | 11 | Flint Hill S | 33-11.00 8  |
| 3 Delmore, Bre            | 11 | St. Anne's-B | 31-09.00 6  |
| 4 Johnstone, Ashley Grace | 9  | Collegiate   | 31-04.50 5  |
| 5 Stevens, Clara          | 11 | Flint Hill S | 30-05.00 4  |
| 6 Newcomb, Paige          | 12 | St. Gertrude | 30-02.00 3  |
| 7 Reese, Ava              | 10 | Episcopal    | 29-09.25 2  |
| 8 Patterson, Jane         | 12 | Trinity Chri | 29-02.25 1  |
| 9 Hubbard, Natalie        | 12 | Catholic Hig | 28-07.00    |
| 10 Tierney, Emerson       | 10 | Saint Cather | 28-04.00    |
| 11 Mbakop, Monica         | 9  | The Potomac  | 28-02.50    |
| 12 Vest, Sydney           | 12 | Norfolk Acad | 27-06.00    |
| 13 Goins, Quaedyn         | 10 | Saint Cather | 27-00.00    |
| 14 Miller, Ariana         | 11 | Saint Cather | 26-08.00    |
| 15 Burnell-Grant, Kaiya   | 11 | Norfolk Acad | 25-09.50    |
| 16 Bailey, Mary Mae       | 11 | Trinity Chri | 24-10.00    |
| 17 Peterson, Taylor Grace | 12 | St. Stephen' | 24-00.50    |

**Event 34 Girls Triple Jump Division I**

| Name               | Yr | School       | Finals      |
|--------------------|----|--------------|-------------|
| 1 Gatty, Aseye     | 10 | Saint Cather | 35-01.75 10 |
| 2 Krivacek, Olivia | 12 | Episcopal    | 34-02.50 8  |
| 3 Kulow, Taylor    | 8  | Norfolk Acad | 33-07.00 6  |
| 4 Lancey, Angelina | 12 | Norfolk Acad | 32-11.75 5  |
| 5 Horton, Michelle | 9  | The Potomac  | 32-00.25 4  |
| 6 Noble, Abby      | 11 | St. Anne's-B | 31-10.00 3  |
| 7 Pickral, Tabitha | 12 | St. Gertrude | 31-09.75 2  |
| 8 McKay, Abigail   | 8  | Saint Cather | 31-05.50 1  |
| 9 Galler, Madison  | 12 | Norfolk Acad | 31-03.25    |
| 10 DeVaughn, Farah | 9  | St. Stephen' | 30-08.25    |



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## Results

**Finals ... (Event 34 Girls Triple Jump Division I)**

| Name                       | Yr | School       | Finals   |
|----------------------------|----|--------------|----------|
| 11 Gallozzi, Marina        | 12 | St. Stephen' | 30-06.25 |
| 12 O'Beirne, Charlotte     | 11 | Oakcrest Sch | 30-00.75 |
| 13 Jordan, Gabrielle       | 9  | Trinity Chri | 29-07.75 |
| 14 Osinovsky, Sasha        | 12 | Flint Hill S | 29-02.00 |
| 15 Irish-Maldonado, Mariel | 10 | St. Stephen' | 28-03.75 |
| 16 Kennedy, Katie          | 11 | Oakcrest Sch | 27-11.00 |
| 17 Ledger, Emily           | 8  | St. Anne's-B | 27-09.00 |
| 18 Diradour, Madelyn       | 12 | Saint Cather | 27-02.00 |

|                                   |         |
|-----------------------------------|---------|
| 5) Trinity Episcopal School       | 50.4285 |
| 5) Saint Christopher's            | 50.4285 |
| 7) Episcopal                      | 38      |
| 8) Saint John Paul the Great Cath | 36.4285 |
| 9) St. Anne's-Belfield School     | 28.4285 |
| 10) Benedictine                   | 28      |

**Women - Division I - Team Rankings - 17 Events Scored**

|                                    |         |
|------------------------------------|---------|
| 1) The Potomac School              | 116     |
| 2) Saint Catherine's               | 112     |
| 3) Norfolk Academy                 | 96      |
| 4) Collegiate                      | 95.3333 |
| 5) Episcopal                       | 43      |
| 6) Saint John Paul the Great Cath  | 33      |
| 7) Catholic High School            | 28.3333 |
| 8) Trinity Christian School        | 27      |
| 9) St. Anne's-Belfield School      | 24.3333 |
| 10) Oakcrest School                | 23      |
| 11) Flint Hill School              | 20      |
| 12) St. Stephen's and St. Agnes Sc | 18      |
| 13) Trinity Episcopal School       | 14      |
| 14) St. Gertrude                   | 10      |
| 15) Madeira School                 | 3       |

**Women - Division II - Team Rankings - 17 Events Scored**

|                                   |      |
|-----------------------------------|------|
| 1) Broadwater Academy             | 69   |
| 1) Cape Henry Collegiate          | 69   |
| 3) Roanoke Catholic School        | 66   |
| 4) Atlantic Shores Christian      | 49   |
| 5) North Cross                    | 47   |
| 6) Hampton Roads Academy          | 38.5 |
| 7) The Covenant School            | 38   |
| 8) Norfolk Christian              | 35   |
| 9) Veritas School                 | 30   |
| 10) Walsingham Academy            | 27.5 |
| 11) Peninsula Catholic            | 26   |
| 12) Randolph-Macon Academy        | 24   |
| 13) Stonebridge School            | 22   |
| 14) Trinity School at Meadow View | 20   |
| 15) Fredericksburg Christian      | 19   |
| 16) Greenbrier Christian Academy  | 13   |
| 17) Nansemond-Suffolk Academy     | 12   |
| 17) Eastern Mennonite School      | 12   |
| 19) Chatham Hall                  | 11   |
| 20) Isle of Wight Academy         | 8    |
| 21) New Covenant Schools          | 7    |
| 22) Richmond Christian            | 4    |
| 23) Hampton Christian             | 1    |

**Men - Division I - Team Rankings - 17 Events Scored**

|                     |         |
|---------------------|---------|
| 1) Woodberry Forest | 180.428 |
| 2) Collegiate       | 64.4285 |
| 3) Fork Union       | 61      |
| 4) Norfolk Academy  | 55      |

**VISAA Track & Field Championship - 5/19/2023 to 5/20/2023****Sports Backers Stadium****Results**


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|                                    |         |
|------------------------------------|---------|
| 11) The Potomac School             | 21      |
| 12) Flint Hill School              | 19.4285 |
| 13) Cape Henry Collegiate          | 13      |
| 13) St. Stephen's and St. Agnes Sc | 13      |
| 15) Catholic High School           | 4       |

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**Men - Division II - Team Rankings - 17 Events Scored**


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|                               |      |
|-------------------------------|------|
| 1) North Cross                | 93   |
| 2) Trinity Christian School   | 69   |
| 3) Blue Ridge School          | 65   |
| 4) Atlantic Shores Christian  | 63   |
| 5) Randolph-Macon Academy     | 41   |
| 6) Norfolk Christian          | 38   |
| 7) Eastern Mennonite School   | 33   |
| 8) Roanoke Catholic School    | 32   |
| 9) Stonebridge School         | 21   |
| 9) Fredericksburg Christian   | 21   |
| 11) Banner Christian School   | 20   |
| 12) The Covenant School       | 19   |
| 13) Broadwater Academy        | 18   |
| 14) Peninsula Catholic        | 17   |
| 15) Hargrave Military Academy | 15   |
| 16) Walsingham Academy        | 13.5 |
| 17) Miller School             | 13   |
| 18) Chelsea Academy           | 10   |
| 19) Veritas School            | 9.5  |
| 20) Nansemond-Suffolk Academy | 6    |
| 20) Brunswick Academy         | 6    |
| 22) Virginia Episcopal School | 5    |
| 23) Tandem Friends School     | 4    |
| 24) The New Community School  | 3    |
| 24) Christ Chapel Academy     | 3    |
| 26) Norfolk Collegiate        | 2    |
| 26) Hampton Christian         | 2    |